



## The Omnivores Dilemma: A Natural History of Four Meals

By Michael Pollan

Penguin Press. Hardcover. Book Condition: New. Hardcover. 464 pages. Dimensions: 9.2in. x 6.4in. x 1.6in. Make this your next book club selection and everyone saves. Get 15 off when you order 5 or more of this title for your book club. Simply enter the coupon code POLLANOMNIVORE at checkout. This offer does not apply to eBook purchases. This offer applies to only one downloadable audio per purchase. What should we have for dinner To one degree or another this simple question assails any creature faced with a wide choice of things to eat. Anthropologists call it the omnivores dilemma. Choosing from among the countless potential foods nature offers, humans have had to learn what is safe, and what isn't which mushrooms should be avoided, for example, and which berries we can enjoy. Today, as America confronts what can only be described as a national eating disorder, the omnivores dilemma has returned with an atavistic vengeance. The cornucopia of the modern American supermarket and fast-food outlet has thrown us back on a bewildering landscape where we once again have to worry about which of those tasty-looking morsels might kill us. At the same time we're realizing that our food choices also have profound...



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