

Silent Trauma: Diabetes, Health Status, and the Refugee Southeast Asians in the United States



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Reviews

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(Seth Fritsch)

SILENT TRAUMA: DIABETES, HEALTH STATUS, AND THE REFUGEE SOUTHEAST ASIANS IN THE UNITED STATES

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Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 52 pages. Dimensions: 11.0in. x 8.5in. x 0.1in. The impact of type 2 diabetes on Southeast Asian (SEA) communities in the United States a group that includes Cambodians, Hmong, Laotians, and Vietnamese is driven by cultural, historical, and logistical factors. Understanding these factors is a first step in identifying potential interventions. Though there is great diversity within the SEA subgroup, its members are united by a strong sense of their respective communities and a reverence for local leaders. Effective programs to overcome barriers to type 2 diabetes prevention and control must capitalize on these strengths, while taking into account the unique requirements of this population. The purpose of this paper is to: 1. Increase awareness among health care providers, decision makers, and organizations serving Asian Americans of the risk for type 2 diabetes in SEAs and potential impacting factors. 2. Highlight data collection issues, barriers to care, and special health care needs, and introduce successful models in reaching Southeast Asian populations. 3. Identify resources available to organizations, government agencies, health care providers, and others who work with SEAs in the United States. This monograph discusses the following: The data on diabetes prevalence, rates of complications, and health care quality measures among SEAs are limited; Overweight as a risk factor for type 2 diabetes in SEAs and Asian Americans in general is underrecognized. The risk for type 2 diabetes increases at a lower body mass index for Asians than for other ethnic groups. Qualitative evidence from focus groups with Asian Americans indicates many Asians believe themselves to be at lower risk for type 2 diabetes because of smaller average body build; SEAs experience major obstacles to diabetes diagnosis and management, including inadequate access to culturally appropriate health care, lack of insurance coverage, and...



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