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THE THERAPIST S NOTEBOOK ON POSITIVE PSYCHOLOGY: ACTIVITIES, EXERCISES, AND HANDOUTS (PAPERBACK)



Taylor Francis Ltd, United Kingdom, 2011. Paperback. Book Condition: New. 269 x 208 mm. Language: English . Brand New Book. How can psychotherapists apply the wealth of recent research in Positive Psychology to their clinical work to help their clients change in positive directions? Bill O Hanlon, who originated Solution-Oriented Therapy in the early 1980s, and Bob Bertolino, an experienced clinician, build the bridge between positive psychology and psychotherapy in this book that allows readers to focus on the mental,...

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- Authored by Bill O Hanlon, Bob Bertolino
- Released at 2011



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