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## CHOCOLATE UNWRAPPED: THE SURPRISING HEALTH BENEFITS OF AMERICA'S FAVORITE PASSION



Invisible Cities Press,US. Paperback. Book Condition: new. BRAND NEW, Chocolate Unwrapped: The Surprising Health Benefits of America's Favorite Passion, Rowen Jacobsen, Detailing the positive physical and psychological effects of chocolate, this book explores its colourful history, botany, and chemistry. Explaining the science behind chocolate, common myths about chocolate -- that it causes acne, allergies, migraines, and hyperactivity -- are dispelled, and its benefits -- tannins in chocolate actually help prevent cavities -- are revealed. Providing medical information relating to chocolate's...

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- Authored by Rowen Jacobsen
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