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Beat Your A-Fib: The Essential Guide to Finding Your Cure: Written in Everyday Language for Patients with Atrial Fibrillation

By Steve S Ryan PhD

A-Fib, Inc. Paperback. Book Condition: New. Paperback. 252 pages. Dimensions: 8.9in. x 5.9in. x 0.7in. Beat Your A-Fib: The Essential Guide to Finding Your Cure by Steve S. Ryan, PhD Atrial Fibrillation (A-Fib) is the most common cardiac arrhythmia (abnormal heart rhythm) seen by physicians. Many patients suffering from Atrial Fibrillation have three strikes against them: 1. Their quality of life has deteriorated; they are scared or frightened. 2. Many experience side effects from the common drug therapies or simply do not want to live on medication; a cure for their A-Fib hasnt been discussed. 3. Patient information is often out-of-date, incomplete or biased toward a specific pharmaceutical or treatment; much information about new treatment options is written in the language of scientists and doctors. The author, Dr. Steve Ryan, PhD, a former A-Fib patient, addresses all these issues. His book is written for the newly diagnosed patient and any A-Fib patient who doesnt want to wade through medical texts and research journals to understand their disease. Beat Your A-Fib helps patients and their families look beyond the commonly prescribed drug therapies that only manage the disease, but do not cure it. Beat Your A-Fib: The Essential Guide to Finding Your...



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