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17 Healthy Nutritious Homemade Casseroles - Weight Watchers Points (Paperback)

By Daisy Nora

On Demand Publishing, LLC-Create Space, 2014. Paperback.
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New Book ***** Print on Demand *****.My family loves
casseroles. The down side is that most casseroles are pretty
fattening and not Weight watchers friendly at all. So in the past
few years, I have tried a few casserole recipes and have now
come down to a few collection of casseroles that weight
watchers would love to have. So, if you are tight with time and
need to be able to whip up some healthy casserole dishes, use
these homemade recipes. They are easy to make and they taste
delicious. 17 Favorite Casseroles From the Kitchen of Mama
Daisy: Broccoli Cheesy Chicken Casserole Beef in Cabbage Roll
Casserole Baked Cheesy Cauliflower Casserole Ground Beef
Stronagnoff Veggie Chicken Casserole Cheesy Eggplant
Casserole Beef and Hashbrown Casserole Easy Corn Casserole
Macaroni N Cheese Baked Layered Tortilla Pizza Sauce
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Quick Vegetable Casserole Enjoy! Enjoy!.



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