

Short-Cut Vegan: Great Taste in No Time



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(Abby Kozey IV)

SHORT-CUT VEGAN: GREAT TASTE IN NO TIME



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William Morrow & Company. Paperback / softback. Book Condition: new. BRAND NEW, Short-Cut Vegan: Great Taste in No Time, Lorna J Sass, Now that millions of Americans are exploring the vegan lifestyle, award-winning cookbook author Lorna Sass has updated her classic cookbook to reveal that achieving great flavor and eating healthy meals don't require spending hours in the kitchen. Sass creates culinary magic from a pantry stocked with carefully selected prepared and instant foods, such as homemade curry powder, roasted red peppers, spicy salsas and mustard sauces, and roasted garlic oil. A splash of orange juice, a touch of cinnamon, and a few sliced leeks quickly transform handy frozen spinach and a can of highest-quality lentils into an exotic Orange-Scented Lentil Ragout that will satisfy the most sophisticated palates.



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