Eat Pray Eat



Filesize: 1.4 MB

Reviews

Comprehensive guideline for book lovers. It is really simplified but excitement in the fifty percent in the publication. Your daily life period is going to be change as soon as you full looking at this book. (Kayley Lind)

EAT PRAY EAT



Paperback. Book Condition: New. Not Signed; World-weary, distracted and more often than not the worse for wine, Michael Booth really needed to make some major changes to his life. Instead, he embarks on an overambitious, self-indulgent attempt to write the definitive book on Indian food, taking his wife and two young children in tow. They criss-cross India, from mist-shrouded Delhi to Mumbai and the slums of Dharavi, meeting the locals and samplying different cuisines along the way. However, his plan is derailed as he spirals deeper into his metaphysical middle-aged malaise, finally unravelling amid the sweltering heat of the Keralan backwaters. Fortunately, his wife takes control and enrolls her disintegrating husband in a hardcore yoga boot camp, enlisting a wise meditation guru who helps him chart a path towards enlightenment. But will Booth's cynicism and untrammelled appetites prove his undoing? Can he regain his balance, conquer his anxieties and face up to life as a husband and father?. book.



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